

Who is the Nile tilapia?

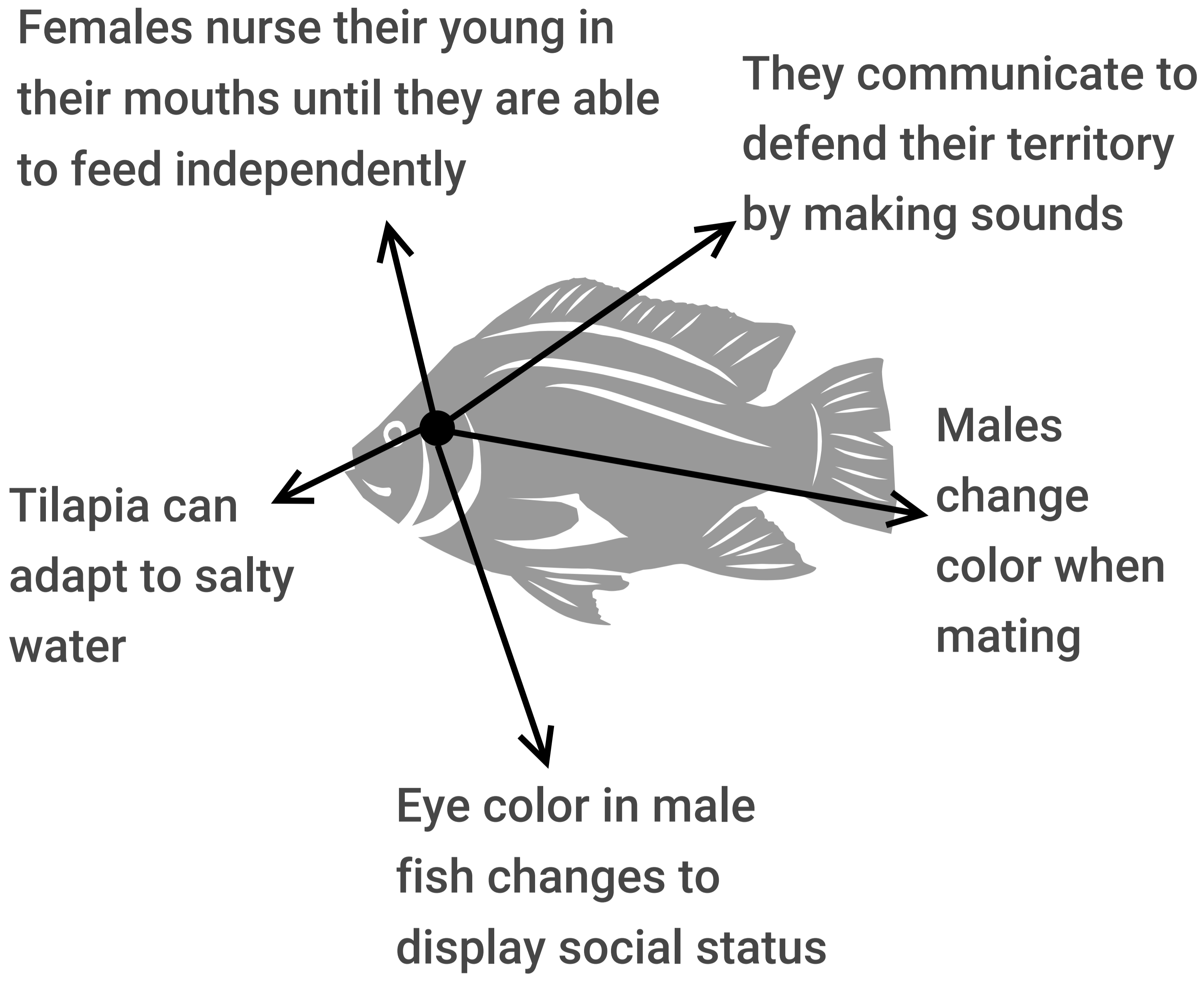
They are cichlids closely related to some popular varieties of aquarium fish. They are native to the Nile river system, central Africa and parts of the Mediterranean Middle East. They can live to over 10 years old and weigh over 5kg. In farming systems they are typically harvested within 8 months at 500g or less, so they do not reach adulthood during their lifetime.



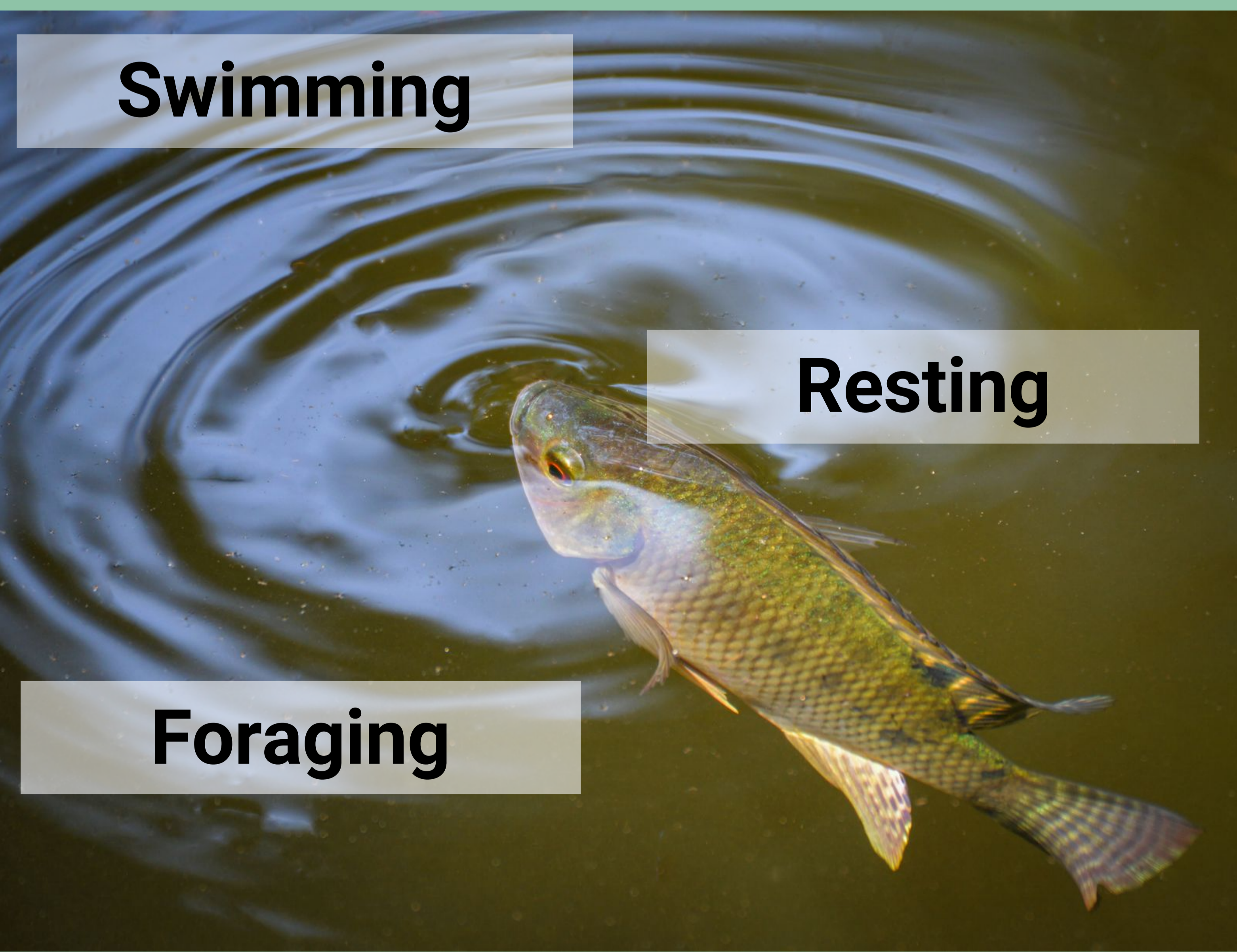
What does the Nile tilapia want?



What can Nile tilapia do?



How do Nile tilapia spend their day?



Resting
Nile tilapia mainly rest at night and try to find shelter.

Foraging
They are opportunistic omnivorous feeders. They consume mainly plants, plankton, insect larvae and detritus which they tend to graze from surfaces.

Swimming
They mainly swim close to their territory during the daytime. They are adaptable and their behavior depends on the conditions of their local habitat.

Breeding
Mating follows a social hierarchy. The males build nests which are visited by the females. The females nurse their young in their mouths.

How can we provide Nile tilapia with a good quality life?

